



Spalding Cycling Club 10 Mile Open Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Date: Sunday 23rd June 2024

Start: 09:00

Course: C10/30

Event Secretary: George Bellars 07432717911 georgebellars@hotmail.co.uk
24 Meadowgate Lane, PE11 1NF

Timekeepers: Sharon Fensom (Spalding CC) & Nicky Ellis (Spalding CC)

Thank you to the team of officials and volunteers from Spalding CC!

Event Information

Event HQ: Snowden Pavilion, Thorney Road, Crowland, PE6 0AL

What 3 Words: ///crash.ramble.chestnuts

Google Maps: Searching for 'Snowden Pavilion' sometimes maps to the wrong place, please use 'Crowland Medical Centre'

The Event HQ will be open for signing on from 8am.

We use this HQ for other events therefore, it would be appreciated that noise levels are respected to avoid upsetting local residents. Please park respectfully to allow room for all riders and helpers.

Refreshments: Tea/Coffee & Cakes etc will be available at the HQ for a donation. Please bring some loose change.



LINCS & NOTTS
AIR AMBULANCE
SAVING LIVES EVERYDAY

All donations go to Lincolnshire & Nottinghamshire Air Ambulance.



Course Details:

From the end of the Material Change lay-by proceed northerly via Barrier Bank to the roundabout on the A1175, encircle the roundabout and return in a southerly direction to finish at a point approx. 200 metres further on from opposite the start.

Start area:

Once at the start area, you will need to remain in the layby until called forward to the start line by an Event Official.

There is no parking available at the start line for competitors or spectators!

Finish area:

Finish Officials may be stood on the opposite side of the road for safety, however the finish will be indicated by a finish board on the left hand side verge.

Please do not stop at the finish, instead continue back to HQ.

Results:

Results will be displayed at the HQ and posted online as soon as possible after the event.

Records:

Solo Open	00:20:52	Toby Bush	25-Jun-23
Solo Female	00:25:20	Evgeniya Righini-Brand	25-Jun-23
Solo Open (Junior)	00:20:52	Toby Bush	25-Jun-23

Awards:

Awards will be presented at the HQ following the event.

1 st Overall	£20
2 nd Overall	£15
3 rd Overall	£10
1 st Female	£20
1 st Junior/Juvenile	£20
1 st Vet 40+	£20
1 st Vet 50+	£20
1 st Road Bike	£20
Fastest Team (3 Riders from same club)	£10 Each
Setting new record (As above)	£10

One prize per rider – Except Team Prize and New Record



Rules and Regulations

Numbers

These will be issued when signing on and must be returned when signing back in (Reg. 17b).

The number shall be centrally positioned below the rider's waist, so as to be clearly visible from the rear when in his/her normal riding position.

Please call your number out upon completing your ride and continue to the HQ. Please remember to sign back in.

Restrictions

There must be no warming up on the course once the event is in progress. Therefore, once at the start area (layby), you will not be able to turn back!

U turns are not permitted in the vicinity of the Start and Finish areas.

No head/earphones are permitted, except for hearing aids (Reg. 19).

Regulation 14

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard

Head Down Riding Can Be Fatal please keep your eyes on the road

Spalding Cycling Club wish you all a safe and successful ride!



Start Sheet

<u>No.</u>	<u>Start Time</u>	<u>Name</u>	<u>Machine</u>	<u>Club</u>	<u>Category</u>
1	09:01	Mark Booth	TT Bike	Spalding CC	Veteran
2	09:02	Rod J Weston	TT Bike	Melton Olympic CC	Veteran
3	09:03	Evgeniya Righini-Brand	TT Bike	Spalding CC	Senior (W)
4	09:04	Ian Scott	TT Bike	VTTA (Notts & E.Mids)	Veteran
5	09:05	Frances Lammyman	TT Bike	RIDE REVOLUTION COACHING	Senior (W)
6	09:06	Roger Sewell	TT Bike	Wisbech Whs	Veteran
7	09:07	David Hallam	TT Bike	Fenland Clarion CC	Veteran
8	09:08	Steve Chapman	TT Bike	Spalding CC	Veteran
9	09:09	Andrew Pitchford	Road Bike	Fenland Clarion CC	Veteran
10	09:10	Dominic Righini-Brand	TT Bike	Spalding CC	Veteran
11	09:11	Mick Stevens	TT Bike	Melton Olympic CC	Veteran
12	09:12	Chris Brown	TT Bike	Ely & District CC/B&T Motor Repairs	Senior
13	09:13	Jacob Booth	TT Bike	Spalding CC	Youth
14	09:14	Robert Waldram	TT Bike	Twickenham CC	Veteran
15	09:15	Ed Tarelli	TT Bike	Race Hub	Veteran
16	09:16	Ian Aunger	TT Bike	Fenland Clarion CC	Veteran
17	09:17	Martin Lewis	TT Bike	Ely & District CC/B&T Motor Repairs	Veteran
18	09:18	Marek Piotrowicz	TT Bike	United Eagles Cyling Team	Veteran
19	09:19	Samantha Briffett	TT Bike	Spalding CC	Veteran
20	09:20	Jack Eastman-Nye	TT Bike	George Fox Cycling Solutions	Senior
21	09:21	Matthew Chappell	TT Bike	Spalding CC	Veteran
22	09:22	Doug Tincello	TT Bike	Welland Valley CC	Veteran
23	09:23	Andrew Keightley	TT Bike	Melton Olympic CC	Veteran
24	09:24	Matthew Belmonte	TT Bike	Royal Air Force Cycling Association	Veteran
25	09:25	Loz Staples	TT Bike	Spalding CC	Veteran
26	09:26	Thomas Lewis	TT Bike	Beeston Cycling Club	Junior
27	09:27	Martin Lister	TT Bike	Witham Wheelers / Grantham	Veteran
28	09:28	Tim Cooper	Road Bike	Chesterfield Coureurs CC	Veteran
29	09:29	Sharon Asplin	TT Bike	Spalding CC	Veteran (W)
30	09:30	Martin Fisher	TT Bike	Melton Olympic CC	Veteran
31	09:31	Kieran Buffham	Road Bike	Spalding CC	Senior
32	09:32	James Hayward	Road Bike	Woolwich CC	Veteran
33	09:33	Chris Bettinson	TT Bike	Spalding CC	Veteran
34	09:34	Kathryn Smith	TT Bike	Sleaford Wheelers Cycling Club	Veteran (W)
35	09:35	Frazer Wallis	TT Bike	Spalding CC	Veteran
36	09:36	William Horspool	TT Bike	Wisbech Whs	Junior
37	09:37	David Smith	TT Bike	Sleaford Wheelers Cycling Club	Veteran
38	09:38	Andrew Vaughan	TT Bike	Bedfordshire Road CC	Veteran
39	09:39	John Scott	TT Bike	Sleaford Wheelers Cycling Club	Veteran

Continues...



SPALDING CYCLING CLUB



40	09:40	Samuel Woodfield	TT Bike	Rule 28 x ATP Performance	Senior
41	09:41	Matt Lay	TT Bike	Fenland Clarion CC	Veteran
42	09:42	Chris Ward	TT Bike	Spalding CC	Veteran
43	09:43	Rob Goult	TT Bike	Ely & District CC/B&T Motor Repairs	Veteran
44	09:44	Paul Asplin	Road Bike	Fenland Clarion CC	Veteran
45	09:45	Simon Pitchford	TT Bike	Fenland Clarion CC	Veteran
46	09:46	Peter Noble	TT Bike	Ely & District CC/B&T Motor Repairs	Veteran
47	09:47	Daniel Warner	TT Bike	Spalding CC	Senior
48	09:48	Karl Grundy	Road Bike	Fenland Clarion CC	Veteran
49	09:49	Paul Willis	TT Bike	Kings Lynn CC	Veteran